

Invest Now or Pay Later

Change the Course of your Health's Trajectory

Eighty percent of key chronic diseases are preventable, and the consequences of harmful habits may not materialize for decades. Our hectic, stressful lives distract us from self-care. With health information readily available, our motivation and ability to act are the barriers.

Having seen patients faced with the consequences when prevention is all too late, Dr Pillay motivates audiences to see why health prevention cannot be put off until tomorrow. She creates *aha* moments for your audience to ignite change before having an *oh-no* moment with their doctor.

Contact Dr Pillay to discuss how her diverse experience and skills will meet your audience's needs and create a memorable and meaningful experience.

Other Speaking Topics

From the Boardroom to the Loungeroom - Breaking Barriers and Busting Biases.

Our beliefs and actions have the power to create gender equity.

The Parent's Life Support System:

Free yourself from working parent guilt and create more time with your kids while instilling entrepreneurial qualities.

Home Cooking for Kitchenphobes:

End the "What's for Dinner" stress in your life - save time, money and calories.

Improve Mental Acuity and Adaptability to optimize strategic thinking and increase your bottom line.

Testimonials

Dr Pillay not only engaged but inspired a room of over 500 business leaders, highly regarded by guests as the highlight of our International Women's Day event. More than just a pleasure to work with, Dr Pillay's actions reflected in her commitment to our event, valuing it as if it was her own.

Mia Hamilton, Event Organizer, Showcase SA

Her presentation was witty, informative and genuine. She is a pioneer of her profession and gender, and we hope to have her back again soon.

Peta Forwood, ACT Manager, RACS



Dr Samantha Pillay

As South Australia's first female urological surgeon, Dr Samantha Pillay started school in a wheelchair due to congenital hip dysplasia and finished school at age 16. She overcame both physical and gender barriers to achieve outstanding success.

Dr Pillay is the female founder of Continence Matters, a surgical centre of excellence. She is a respected entrepreneur and two-time Amazon Number One best-selling author of *The No Recipe Cookbook* and *When I'm a Surgeon*. Her Inspirational Careers for Kids picture book series builds self-efficacy in young girls and breaks career gender stereotypes.



Coming Soon

Contact



contact@samanthapillay.com



www.samanthapillay.com

[Speaker Showreel](#)

